



Do's and Don'ts for Migration



Get a valid visa or work/residence permit and prepare all other documents necessary for your travel



Ask questions! Find out more about the employer, educational institute to which you are going



Make sure to sign an employment contract when you are offered a job abroad



Contact the Migrant Resource Centre to get accurate information on your destination country and travel plans

Do not give your passport, personal documents or valuables to anyone!



Do not travel across borders without having valid entry permits (visa/transit visa), if required, for the countries on your journey until final destination!



Do not travel without a valid visa, work permit and/or other documents you need!



Do not pay a travel agent to take you to Europe by road or by sea. They may take all your money exploit you or your family



Checklist for safe migration



Always travel with your passport

Only travel if you have a visa for your destination country and transit visa, if necessary



Ask questions

Don't work without a contract



Contact the Migrant Resource Centre to get individual counselling

Do not hand in your ID card, visa, passport and / or any other valuables



Do not trust everyone

Do not rush



Without legal documentation (visa), you cannot get legal employment, living, education, healthcare services or accommodation in Europe or any other destination.

When apprehended by the authorities, migrants without a valid visa will be asked to return back to Iraq. If they do not return voluntarily, return will be enforced.

Be aware of human trafficking! If anyone restricts your freedom by taking away your passport, treating you with violence or trying to exploit you, contact immediately the Embassy of Iraq or the authorities of your host country!

Be aware of migrant smuggling! Smugglers / facilitators make your trip seem like a regular journey. However they do not tell you about the dangers you will face along the way and highly likelihood that you will not make it to your envisaged destination because of strict immigration rules. This puts you in dangerous conditions and makes you vulnerable!

For more information, please contact the Migrant Resource Centre in Baghdad

Migrant Resource Centre (MRC)

Ministry of Labour and Social Affairs -
Department of Labour and Vocational Training
Iraq- Baghdad- AL-Waziriya

WhatsApp / Telegram: 07826892128

Email: Info@mrciraq.iq

Instagram: @mrcbaghdad

Facebook: @iq.mrc

LinkedIn: @mrciraq

Toll-free number: 800 50 555

Website: www.mrciraq.iq

The Migrant Resource Centre (MRC) in Baghdad is funded under the project, 'Capacity Partnerships and Access to Information for Sustainable Reintegration of Returnees in Iraq (CAIR II)', funded by the Ministry of Foreign Affairs of the Kingdom of Denmark and implemented by the International Centre for Migration Policy Development (ICMPD). The MRC is jointly managed and operated by the Ministry of Labour and Social Affairs of Iraq (MoLSA) and ICMPD.



MINISTRY OF FOREIGN AFFAIRS
OF DENMARK



ICMPD

International Centre for
Migration Policy Development